

# What Services Do We Offer?

- **LINK TO AND PROVIDE CARE** to individuals of all ages, through skilled nursing, case management and referrals to community resources.
- **DISEASE AND INJURY PREVENTION** through education and immunizations.
- **HEALTH MONITORING** to keep track of health trends and potential threats to community health.
- **HEALTH PROMOTION AND CHRONIC DISEASE PREVENTION** through events, programs and educational materials.
- **EMERGENCY PREPAREDNESS AND RESPONSE** for natural and potential terrorist events.



## MISSION STATEMENT:

To promote quality healthcare in a professional and traditional way for Native Americans, their families and the surrounding community in a trusting, respectful, and confidential manner for the wellness and future of the community.

## VISION STATEMENT:

To provide quality patient care and customer service which reflects the needs of the community, empowers patients, and emphasizes cultural sensitivity while promoting a healthy community through integrated outreach services and programs. A caring and high-performing competent staff will meet this vision through collaboration and partnering with our community and patients.

## PURPOSE STATEMENT:

To provide essential public health services and respond to the healthcare needs of the community.



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER  
COMMUNITY HEALTH

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a participating member of



Services and programs offered are available to  
FCPC Tribal Members and their families.



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COMMUNITY HEALTH

# SERVICES & PROGRAMS



FOREST COUNTY  
POTAWATOMI  
HEALTH &  
WELLNESS CENTER

*Honoring Health, Healing,  
and Tradition*



FOREST COUNTY POTAWATOMI  
HEALTH & WELLNESS CENTER  
COMMUNITY HEALTH

## Protecting You & Your Family's Health

### SKILLED NURSING SERVICES:

Nurses partner with patients and their medical providers to address individual healthcare needs. Services include case management, office/home visits, education consults, blood pressure checks, blood glucose screenings, diabetes foot care, medication management, wound care and additional skilled nursing services as needed. Nurses also serve as a resource person for patients who need assistance navigating the healthcare system.

### MATERNAL CHILD HEALTH PROGRAM:

New or expecting parents are provided with education and resources pertaining to childbirth, breast-feeding, immunizations, car seat safety, safe sleep and healthy growth and development through home/office visits and events. Families meet with staff to receive education, support and immunizations as needed. Participants accrue NEST points through participation in the program which can be redeemed for infant and toddler products. Families are eligible from pregnancy until the child is five years old.

### INFANT NUTRITION PROGRAM:

Supplemental formula program for mothers that choose not to, or are unable to breast-feed. Families are provided with nutrition education and information about healthy growth and development.

### WIC PROGRAM:

Supplemental foods, healthcare referrals, breast-feeding support and nutrition education are provided for income-eligible pregnant, breast-feeding and non-breast-feeding postpartum women and to infants and children up to the age of five who are found to be at nutritional risk.

### CAR SEAT SAFETY PROGRAM:

Car seats are provided to families at no cost. Families meet with a certified Car Seat Technician to learn about proper installation and use. Families are eligible to receive up to three car seats (rear facing, forward facing and booster).

### IMMUNIZATIONS PROGRAM:

Childhood immunizations are available for infants and children up to the age of 18 through the Vaccines for Children Program.

### TRIBAL WELLVATION PROGRAM:

Wellvation's Managewell is an easy to use web-based planning and tracking tool with resources for well-being. The program's goal is to improve quality of life through health promotion and disease prevention with an increased connection to resources and culture. Incentives given for completing biometric screening and online health assessment, participation in events, education and physical activity.

### DIABETES PROGRAM:

Those who are at risk or diagnosed with diabetes are provided with self-management education and support. Staff partner with patients to ensure their healthcare needs are being met.

### TOBACCO CESSATION PROGRAM:

Individuals meet with a nurse four times over an eight-week period to develop a personalized quit plan and receive nicotine replacement therapy at no charge. Incentives are provided throughout the program.

### NUTRITION AND WEIGHT MANAGEMENT CONSULTATIONS:

Individuals meet with a registered dietician or nutritionist to discuss nutrition and weight management goals, and receive education about diet modifications specific to medical conditions or food allergies.

### IN-HOME CARE PROGRAM:

Elders and disabled adults are provided with proper care and needed services so they are able to maintain independence and remain in their homes as long as reasonably possible. In-home Care Representatives offer housekeeping and personal care services.

### FALL-RISK ASSESSMENT PROGRAM:

Home fall-risk assessments are provided to elders and at-risk individuals. Home safety items are provided as needed.

### BROWN BAG PROGRAM:

Brown bags contain condoms and education about sexually-transmitted infections and pregnancy prevention free of charge. Brown bags are located throughout the Health & Wellness Center.



## Protecting Your Community's Health

### COMMUNICABLE DISEASE INFORMATION AND REPORTING:

Collaborate with local partners to provide surveillance, investigation, education and follow-up on reportable communicable diseases. These include, but are not limited to: sexually-transmitted infections, influenza, food and waterborne illness, pertussis and Lyme disease.

### HEALTH PROMOTION AND DISEASE PREVENTION ACTIVITIES:

Work with partners and community members on identified health priorities through programs and policies using evidenced-based practices and education.

### PUBLIC HEALTH PREPAREDNESS:

Work with community partners to plan, prepare and respond to natural or man-made disasters.